

I claim:

1. An elongate metallic structural member having an elongate, planar web surface having longitudinal edges; a first leg member and a second leg member depending to one side of said web member from said longitudinal edges, said first leg member and said second leg member being mirror images, said first leg member and said second leg member terminating with outwardly extending hollow flanges, each outwardly extending flange having a margin member juxtaposed said respective leg member.

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2. The elongate metallic structural member in accordance with Claim 1 wherein said outwardly extending hollow flanges are defined by said leg member, a first flange side member in a plane parallel with said web member, a second flange side member in a plane parallel with said leg member, and a third flange side member parallel to said first flange side member and said web member, said third flange side member terminating with said margin member juxtaposed to said leg member.